
Community Smoking Cessation Symposium

AGENDA

- 7:30 am - 8:00 am **Registration and Coffee**
- 8:00 am - 8:45 am **Welcome and Health Agency Efforts for Smoking Cessation** [Video](#)
Tobacco Related Disease Research Program (TRDRP) Study Co-Principal
Investigators Theodore C. Friedman, M.D., Ph.D., and
Brian Hurley, M.D., M.B.A., DFASM and TRDRP Study Community
Advisor, Norma Mtume, MHS, MA, MFT
- 8:45 am - 9:35 am **Characteristics of Person Who Smoke and Smokers Who Use Other
Substances** [Video](#) [Slide](#)
UCLA Department of Psychology
Lara Ray, Ph.D., ABPP
Diana Ho
Wave-Ananda Baskerville
Brandon Towns
- 9:35 am - 10:25 am **Smoking Cessation Treatments & Readiness to Quit** [Video](#) [Slide](#)
Brian Hurley, M.D., M.B.A., DFASM, DHS Director of Addiction Medicine
- 10:25 am - 10:40 am **Break**
- 10:40 am - 11:30 am **Panel of L.A. Community Provider Experts** [Slide](#)
 - Darlene Walker, M.A., CATC IV, *Options for Recovery*
 - Nancy Hernandez, M.S.W. Substance Use Prevention and Treatment Program, Division of Adolescent and Young Adult Medicine, *Children's Hospital Los Angeles*
 - James Stinson, Therapeutic Community (Residential) Director, Certified Addiction Treatment Counselor, *Asian American Drug Abuse Program*
 - Alison Qualls, M.P.A., Program Manager & Business Management Administrator, *SHIELDS for Families*
- 11:30 am - 12:00 pm **Challenges, Obstacles and Keys to Smoking Cessation Success**
Panel of Current and Former Cigarette Smokers:
 - Kim Howard
 - Sandra Lucero
 - Christopher Rubio
 - Jack Rubio
- 12:00 pm - 1:00 pm **Lunch**
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- 1:00 pm - 2:00 pm **Group Therapy for Smoking Cessation** [Video](#) [Slide](#)
Latasha Dixon, L.M.F.T. and TRDRP Study Clinical Consultant
- 2:00 pm - 3:00 pm **E-Cigarettes: Friend or Foe? Detrimental Effects of E-Cigarettes** [Video](#) [Slide](#)
Briana Lopez, M.S., TRDRP Study Coordinator /Smoking Cessation Navigator
Julian Wilson, M.S., Researcher and Community College Instructor
- 3:00 pm - 3:15 pm **Break**
- 3:15 pm -3:45 pm **L.A. County Tobacco Control and Prevention Program Activities and
Community Resources for Smoking Cessation** [Video](#)
Jazmine Guillen, Program Manager
Jonathan Tandoc, Assistant Program Analyst
- 3:45 pm -4:00 pm **Closing Remarks**