Breaking the Silence

The Unmet Mental Health Crisis with COVID-19

Cobb Webinar Dec. 8, 2020 8-9:30pm EST
Register below or follow us at https://www.facebook.com/CobbAllofUsResearch for Livestream of the event.

Objectives

- To outline the unique stressors related to COVID-19
- To discuss alternative behavioral health management
- To explore effective coping and preventive strategies
- To explore strengths and weaknesses in the disruption of local dynamics and immigrant economies
- To develop an action plan to address behavioral health during the Pandemic

Click to Register
Please join this expert group of clinicians for a robust discussion on the behavioral needs of communities of color during COVID-19. For additional information visit www.thecobbinstitute.org.

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